

Dexcom G7 App Simple User Guide

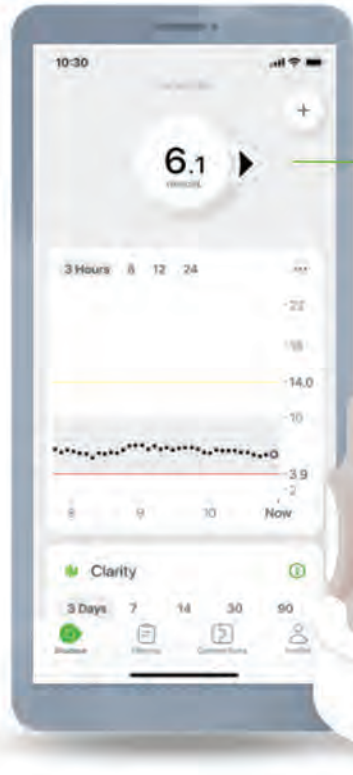


G7

Contents

How does the Dexcom G7 work	P1	
Dexcom Apps QR code	P2	
Start your 1st Dexcom G7 sensor	P3	- P21
Insert Sensor	P22	- P24
Introduction of Dexcom G7 App	P25	- P31
Dexcom Clarity	P32	- P43
Important notes	P44	- P48
More informations	P49	- P50

How does the Dexcom G7 work?



Dexcom G7 app

- Display a glucose reading up to every 5 minutes
- For a list of compatible devices see: [dexcom.com/compatibility](https://www.dexcom.com/compatibility)



Applicator with built-in Sensor

- Applicator inserts the sensor under your skin
- Sensor gets glucose information
- Wear for 10 days
- Sensor sends glucose information to the Dexcom G7 app

Dexcom Apps



Dexcom G7 app

- Display a glucose reading up to every 5 minutes



Dexcom Clarity app

- Review key metrics, create reports, or authorize data sharing with your clinic.



Dexcom Follow app*

- Allows a person to view and follow the glucose levels and trends of a loved one.
- Up to 10 followers who wants to view Dexcom G7 user's data.

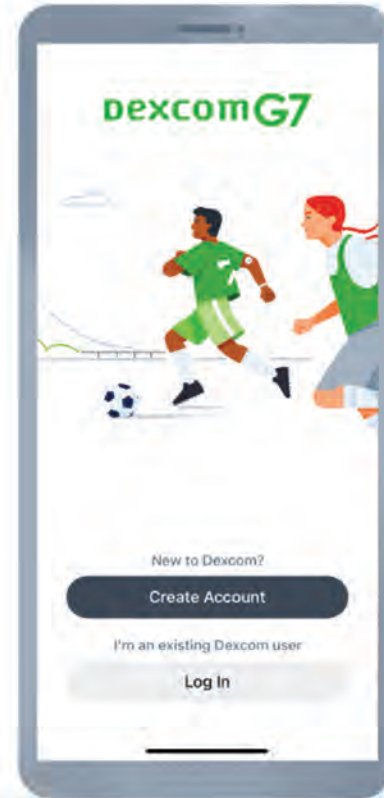
*Internet connectivity required for data sharing. Following requires the use of the Follow app. Followers should always confirm readings on the Dexcom G7 app or receiver before making treatment decisions.



Start your 1st Dexcom G7 sensor

Step 1 - Download the Dexcom G7 app:

1. Visit dexcom.com/compatibility to check that your smartphone is compatible with the Dexcom G7 app
2. Install the Dexcom G7 app from their app store
3. Log in to the app (with existing Dexcom account) or create a new account

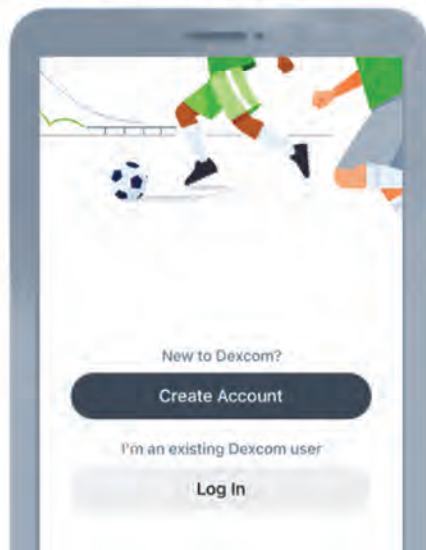


Start your 1st Dexcom G7 sensor

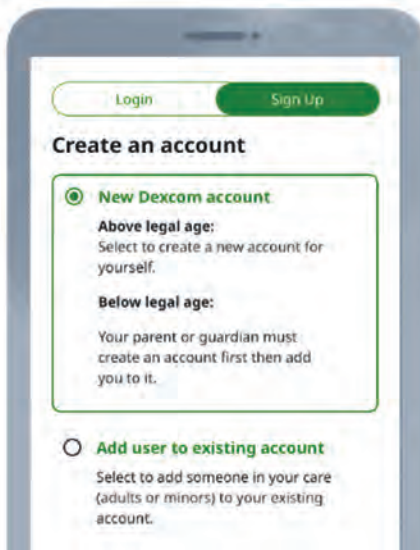
Step 2 - Create Dexcom Account (New User) and Login:

NOTE: If you already have a Dexcom account use that to sign in

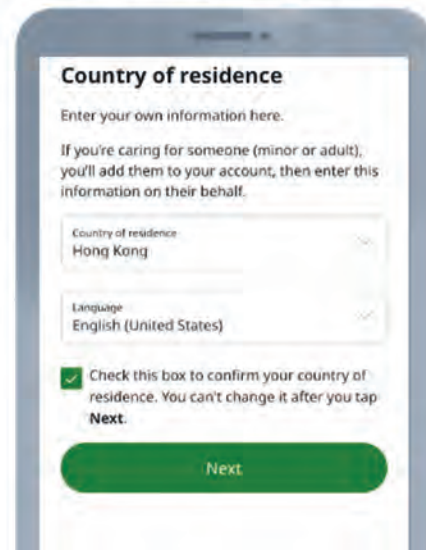
Open the Dexcom G7 app
and tap **Create Account**.



Tap **New Dexcom Account**.



Select
Hong Kong and English

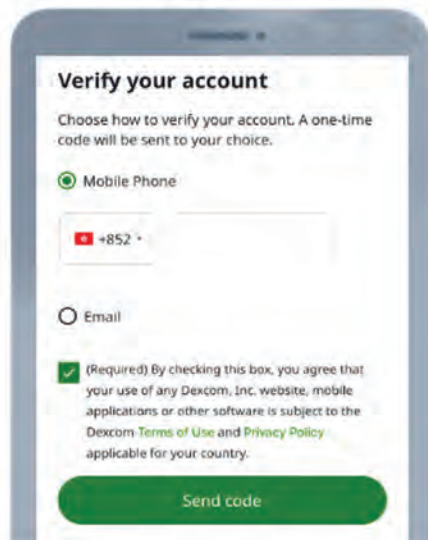


Start your 1st Dexcom G7 sensor

Step 2 - Create Dexcom Account (New User) and Login:

NOTE: If you already have a Dexcom account use that to sign in

Enter your **phone number**
to verify your account



Verify your account

Choose how to verify your account. A one-time code will be sent to your choice.

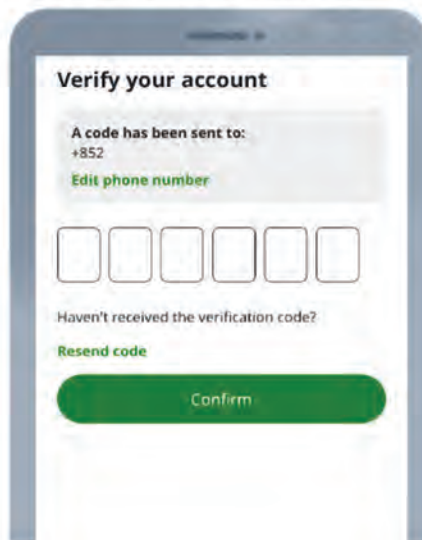
☒ Mobile Phone

☐ Email

☒ (Required) By checking this box, you agree that your use of any Dexcom, Inc. website, mobile applications or other software is subject to the Dexcom [Terms of Use and Privacy Policy](#) applicable for your country.

Send code

Verify your account
by entering **SMS code**



Verify your account

A code has been sent to:
+852

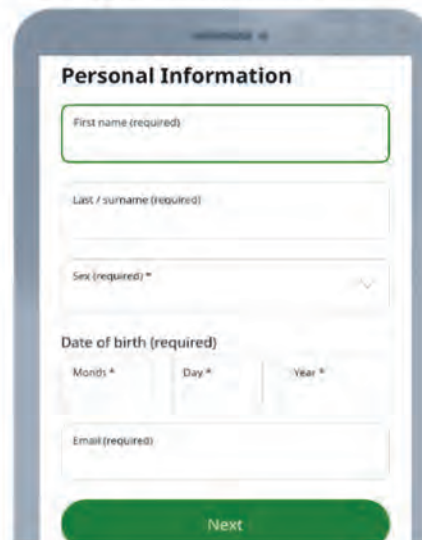
[Edit phone number](#)

Haven't received the verification code?

[Resend code](#)

Confirm

Enter your **Name, Gender,**
Day of Birth and Email



Personal Information

Date of birth (required)

Next

Start your 1st Dexcom G7 sensor

Step 2 - Create Dexcom Account (New User) and Login:

NOTE: If you already have a Dexcom account use that to sign in

Create your password

The screen displays the title 'Create and confirm your password'. Below it, a note states 'User ID is your mobile number'. A text input field contains '+852'. Below this is a 'Password' field with a toggle icon. A list of password requirements is shown with green checkmarks: 'At least one uppercase character', 'At least one number', 'No spaces', 'Between 8 and 20 characters', and 'Can't match email'. Below the requirements is a 'Confirm password' field with a toggle icon. At the bottom is a green 'Next' button.

Select your diabetes information

The screen displays the title 'Your diabetes information (optional)'. It features three dropdown menus: 'Select diagnosis', 'Year of diagnosis', and 'Do you currently use insulin?'. At the bottom is a green 'Next' button.

Check and confirm your information

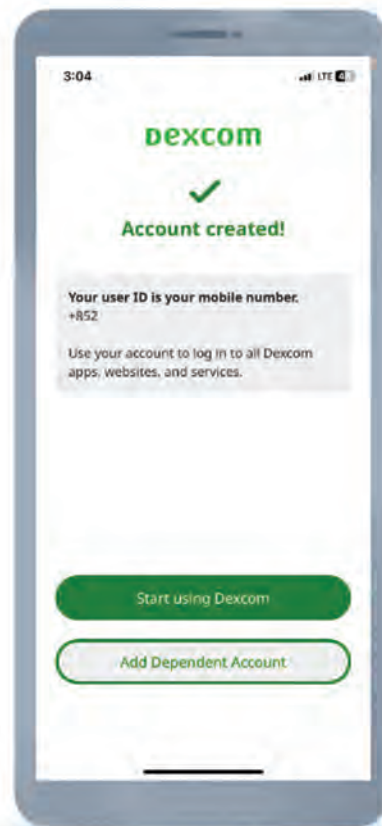
The screen displays the title 'Confirm your information'. It has two sections: 'User ID and password' and 'Personal information'. The 'User ID and password' section contains fields for 'User ID' (with '+852' entered) and 'Password' (with a toggle icon). The 'Personal information' section contains a 'First name' field. At the bottom is a green 'Confirm' button.

Start your 1st Dexcom G7 sensor

Your account is created.

If you are a caregiver of a Dexcom user who is **under 18 years old**, you must create a **dependent account** for them to login to our software products, including the Dexcom G7 app and Clarity.

First, you must create a new account for yourself. Then you'll be able to create a dependent account.



Start your 1st Dexcom G7 sensor

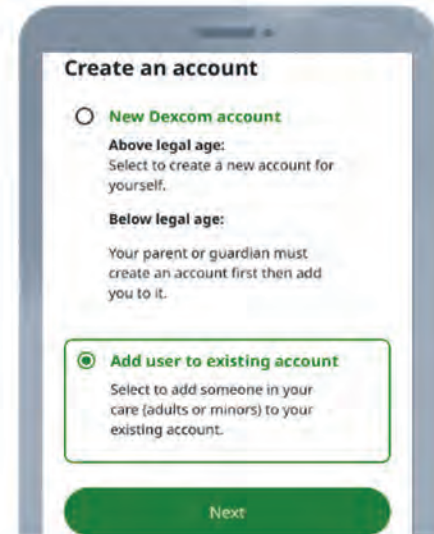
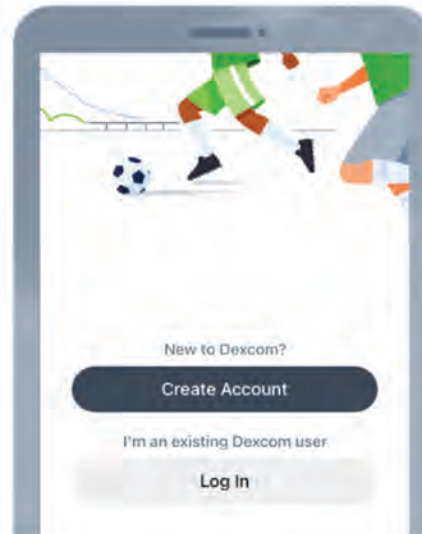
Dependent Account

- Under 18 years old
- Always use the dependent's username and password to log into their G7 app or Clarity account.

After created and login the Dexcom account, tap **Add Dependent Account / Add user to existing account**



Or



Start your 1st Dexcom G7 sensor

Dependent Account

- Under 18 years old
- Always use the dependent's username and password to log into their G7 app or Clarity account.

Select
**Create a new
dependent account.**

dexcom
Logout English (United States)

Add Account

Create a new dependent account
Add someone in your care to your account (minor or adult).

Next

Cancel

Select
**Hong Kong
and English**

Dependent's country of residence

Country of residence
Hong Kong

Language
English (United States)

☒ Check this box to confirm your country of residence. You can't change it after you tap **Next**.

Next

Enter dependent's
**Name, Gender
and Day of Birth**

Dependent's personal information

First name (required)

Last / surname (required)

Sex (required) *

Date of birth (required)

Month * Day * Year *

Next

Follow the instructions
to create the
dependent's username.

Create dependent's username

Username

Username Tips:

- Cannot be changed
- Must be at least 6 characters
- Not case-sensitive
- No special characters(!@#\$%^&*)
- No spaces are allowed

Recommended

- Do not re-use usernames from other sites and applications
- Do not use identifying information, such as your name, in your username

Start your 1st Dexcom G7 sensor

Dependent Account

- Under 18 years old
- Always use the dependent's username and password to log into their G7 app or Clarity account.

Create dependent's password

Create dependent's password

User ID is your email address

Password

Confirm password

- One uppercase character
- One digit
- Cannot include spaces
- Between 8 and 20 characters
- Cannot match the user name

Enter dependent's diabetes information

Dependent's diabetes information (optional)

Select diagnosis

Year of Diagnosis

Does your treatment include insulin?

Next

Check and **confirm** dependent's information

Confirm dependent's information

Account type
Dependent

Username

Password

Date of birth

Confirm

Your dependent account is created.

dexcom

Logout

Dependent account successfully created!

Your user ID is your email address.

Use your account to log in to all Dexcom apps, websites, and services.

Because you created a dependent account, your **Personal Account** changed to a **Caregiver Account**.

You can now:

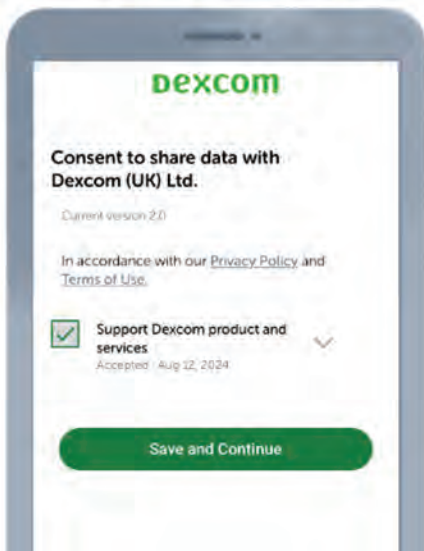
1. Open your app and log in.
2. Add a dependent account, or

Start your 1st Dexcom G7 sensor

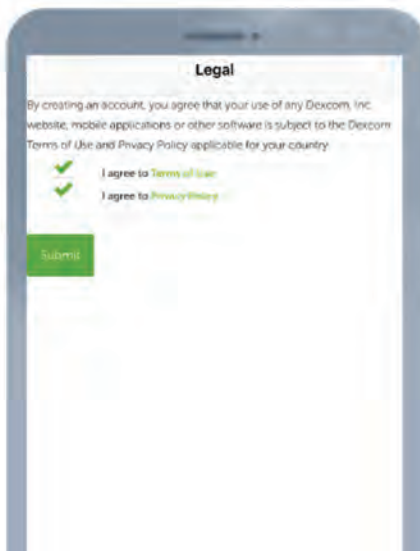
Step 3 - Consents:

You must consent to share data with Dexcom for Share to work

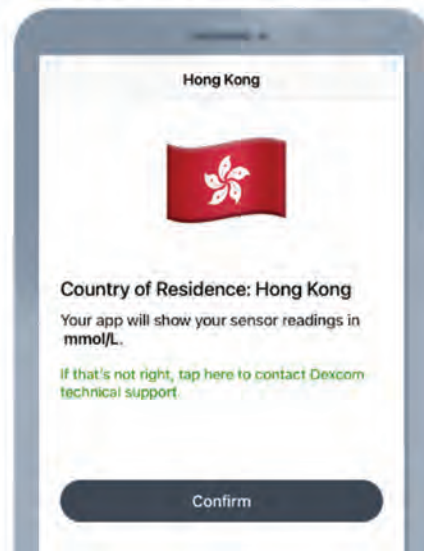
Tick all 4 boxes to consent to share data with Dexcom.



Agree both legal terms



Confirm Hong Kong as country of residence

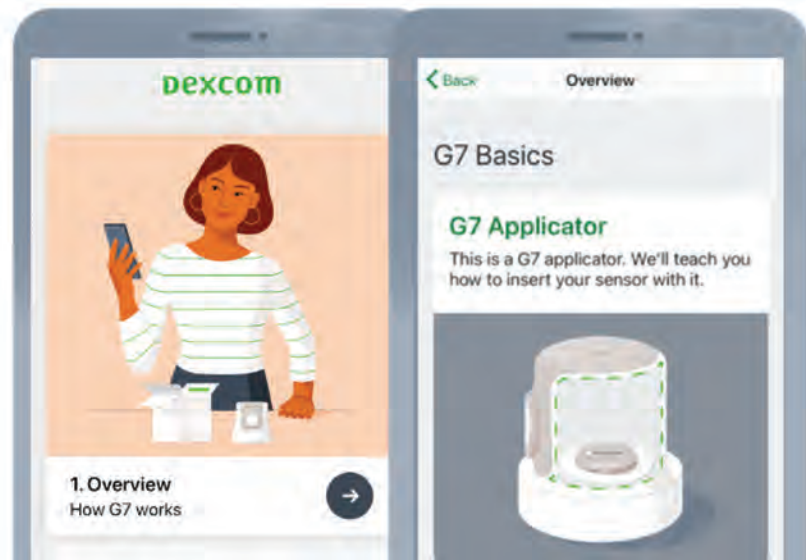


Start your 1st Dexcom G7 sensor

Step 4 - Overview - G7 Basics:

The app walks you through the entire setup process step-by-step.

Start the mini tutorial



- G7

You'll find an applicator and overpatch in the sensor box.



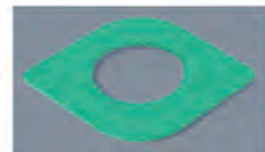
- Sensor and applicator

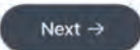
Inside the applicator is a sensor with a tiny wire that goes under your skin. The sensor sends glucose readings to your phone every 5 minutes.



- Overpatch

After you put on the sensor, you must use the overpatch to help keep the sensor on your body.



Press  to continue the tutorial.

Start your 1st Dexcom G7 sensor

Step 5 - Pair the sensor with your smart device:

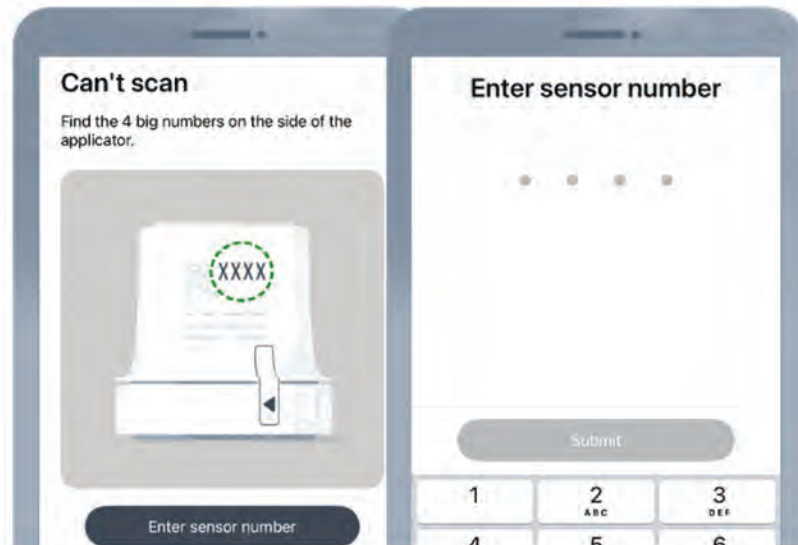
Scan code: Find the sensor QR code on the side of the applicator.

Enter sensor number: Find the 4 big numbers on the side of the applicator.

Scan code



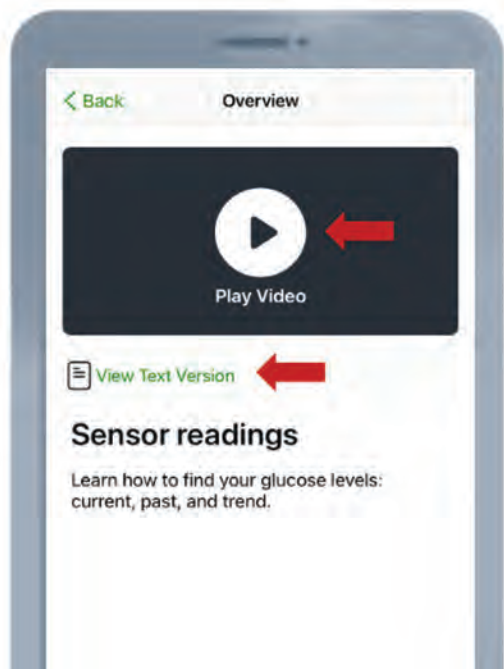
Enter sensor number



Start your 1st Dexcom G7 sensor

Step 6 - Overview videos - sensor readings:

Dexcom app requests you to watch the overview videos or read the text versions before going to the next part.



- The number in the circle is your most recent sensor reading. It updates every 5 minutes.
- The trend arrow shows where your glucose is going and how fast. It's based on your last few readings.



Steady

Changing less than 0.8 mmol/L in 15 minutes



Slowly rising or falling

Changing 0.8-1.7 mmol/L in 15 minutes



Rising or falling

Changing 1.7-2.5 mmol/L in 15 minutes



Rapidly rising or falling

Changing more than 2.5 mmol/L in 15 minutes



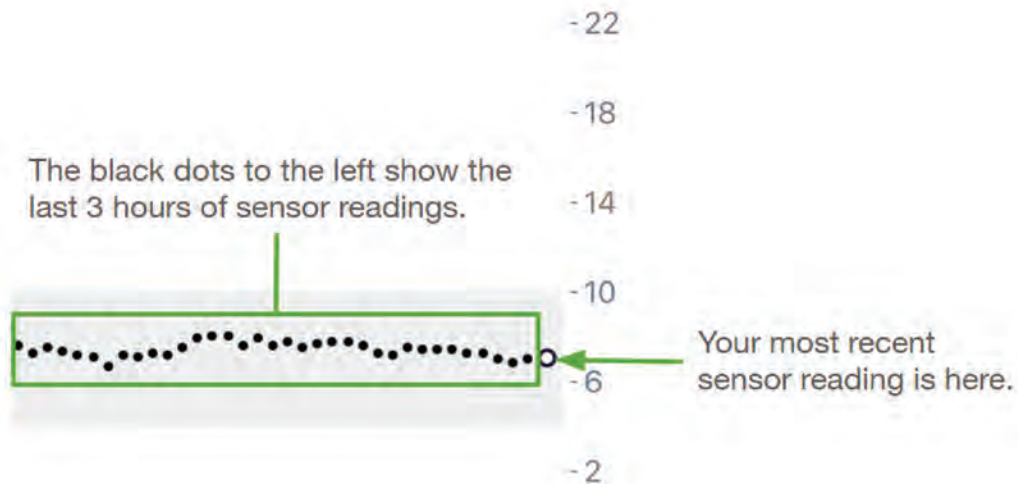
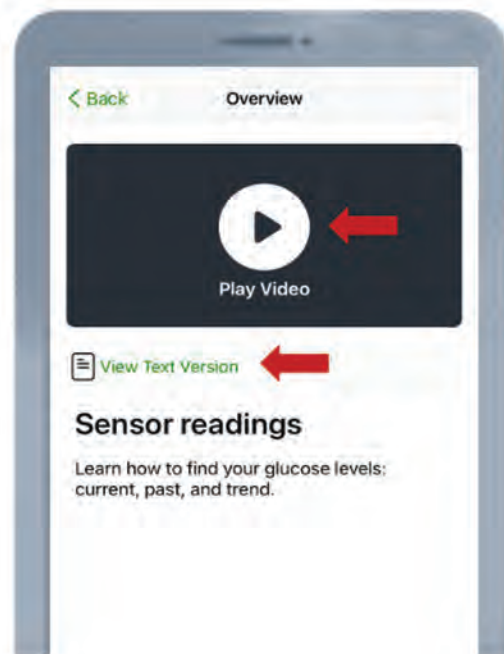
No Arrow

!! No trend.
Use BG meter for treatment decisions.

Start your 1st Dexcom G7 sensor

Step 6 - Overview videos - sensor readings:

Dexcom app requests you to watch the overview videos or read the text versions before going to the next part.

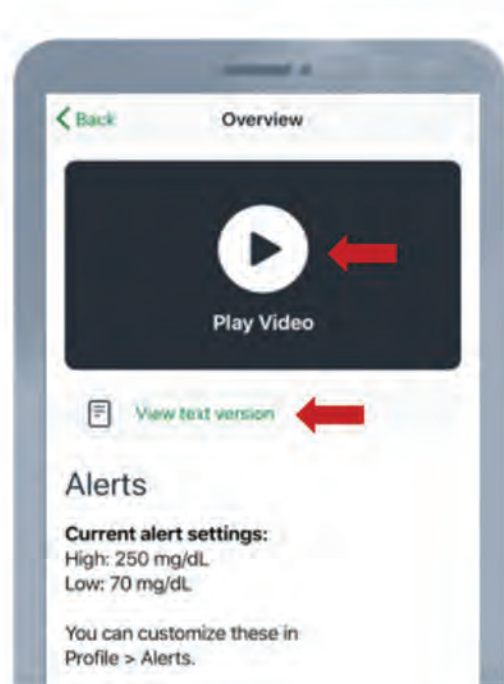


Press [Next →](#) to continuous the tutorial.

Start your 1st Dexcom G7 sensor

Step 7 - Overview videos - Alerts:

Dexcom app requests you to watch the overview videos or read the text versions before going to the next part.



8.6
mmol/L

Between your high and low alert levels

13.9
mmol/L

High

3.1
mmol/L

Low, Urgent Low Soon, or Urgent Low

HIGH ▶

Sensor reading is high
22.2mmol/L

LOW ▶

Sensor reading is below
2.2mmol/L

Urgent Low:

Sensor reading is at or below 3.1 mmol/L.

Urgent Low Soon:

Predicts when your glucose will be at or below 3.1 mmol/L within 20 minutes.

Press

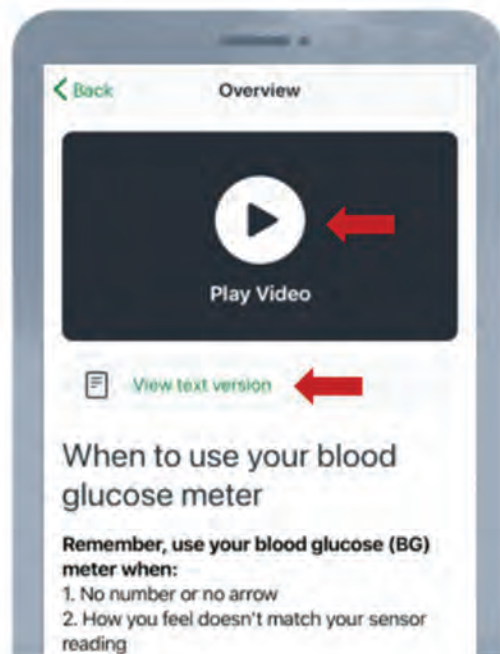
Next →

to continue the tutorial.

Start your 1st Dexcom G7 sensor

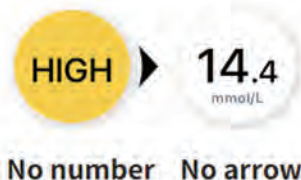
Step 8 - Overview videos - When to use your blood glucose meter:

Dexcom app requests you to watch the overview videos or read the text versions before going to the next part.



Number and arrow

You must have both a sensor reading and a trend arrow to use your system to treat. If you're missing either a number or trend arrow, don't treat using your system. Wash your hands and confirm with your BG meter.

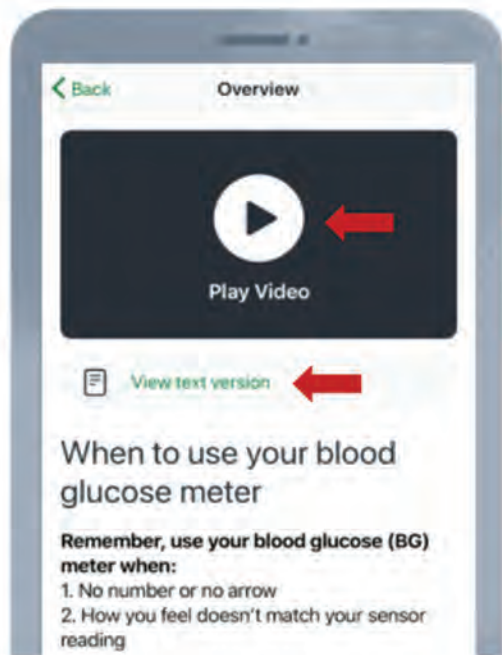


No number or no arrow, no CGM treatment decision.

Start your 1st Dexcom G7 sensor

Step 8 - Overview videos - When to use your blood glucose meter:

Dexcom app requests you to watch the overview videos or read the text versions before going to the next part.



Trust how you feel

Use your BG meter to treat when how you feel doesn't match your sensor reading. For example, maybe you're exercising and start to feel dizzy, but your sensor reading is in your target range with a steady arrow. Don't ignore your symptoms, treat with your BG meter.



When in doubt, get your meter out.

Press [Next →](#) to continuous the tutorial.

Start your 1st Dexcom G7 sensor

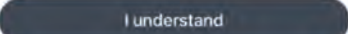
Step 9 - Safety information:



Safety information

Don't wear your Dexcom sensor during MRI or diathermy treatment.

You can get a CT scan if the sensor is covered with a lead apron and isn't in the scanned area.

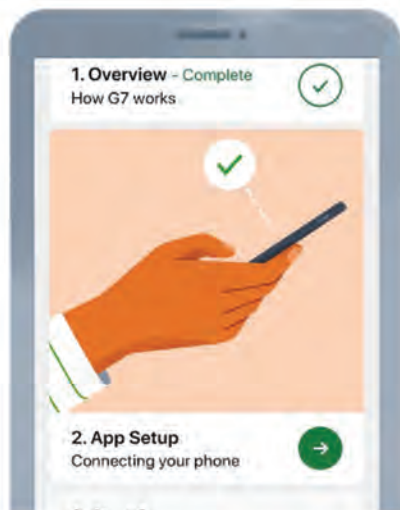
Press  to continuous the tutorial.

Start your 1st Dexcom G7 sensor

Step 10 - App Setup:

- Turn on your bluetooth to receive data
- Turn on your notification and *critical alerts

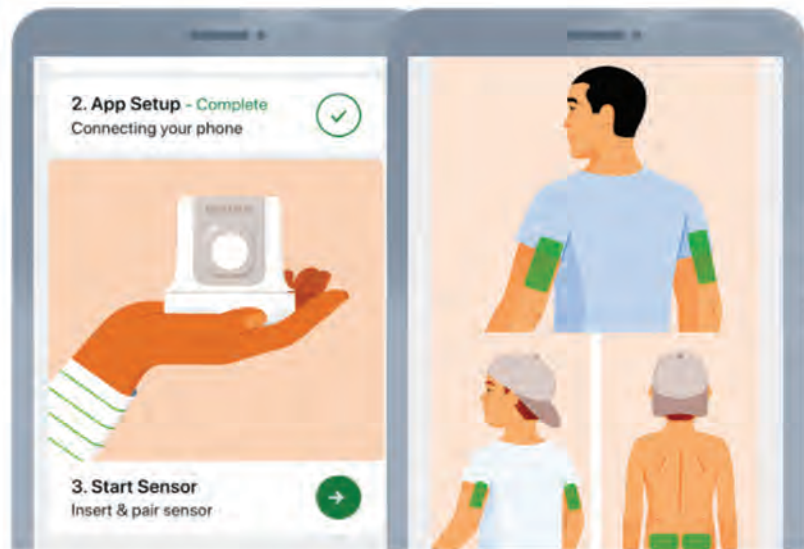
*Please note that critical alerts will always play a sound even your phone is muted or Do Not Disturb is on.



Start your 1st Dexcom G7 sensor

Step 11 - Insert & pair sensor:

- Choose sensor site by age
(It worn on sites not listed below, sensor may not work as expected. Talk to your healthcare provider about the best site for you.)



Age 7 years and older: Use back of upper arm or abdomen

Age 2 years (24 months) - 6 years: Use back of upper arm, upper buttocks, or abdomen

Avoid areas:

- With loose skin or without enough fat to avoid muscles and bones.
- That get bumped, pushed, or you lie on while sleeping.
- Within 3 inches of infusion or injection site.
- Near waistband or with irritations, scarring, tattoos, or lots of hair.

To keep the sensor attached see dexcom.com/faqs

Insert Sensor

***Please check whether all parts of the installer are normal before use.**



Wash hands with soap and water. Dry.



Rub site with an alcohol wipe. Wait until dry.



Unscrew cap. Don't touch inside applicator.



Press and hold applicator firmly against skin and then push button.



Remove applicator.



Rub firmly around patch 3 times.

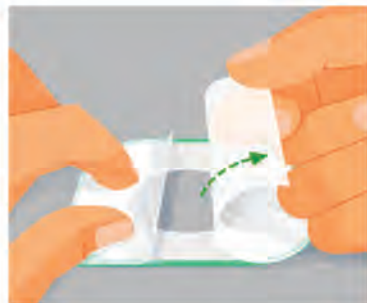


Gently press on top of sensor for 10 seconds.

Apply Overpatch

The overpatch helps keep the sensor on.

Find the overpatch bundled with the instructions in the sensor box.



Carefully pull off both clear liners, one at a time. Don't touch white adhesive area.



Use colored tab to place overpatch around sensor.



Rub around overpatch.



Use tab to peel off colored liner.



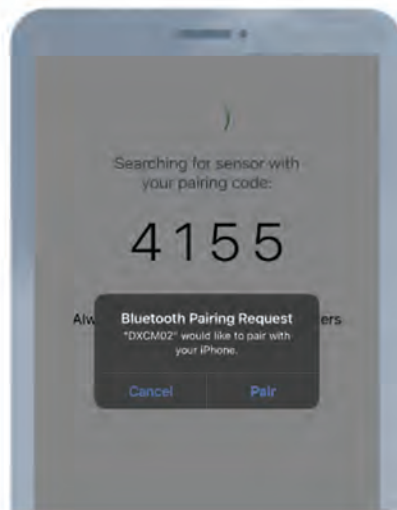
Rub around overpatch.

Pair and start warmup

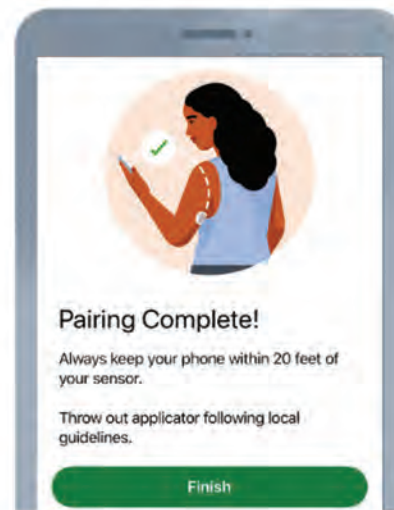
After inserts the sensor,
wait for the sensor to pair.



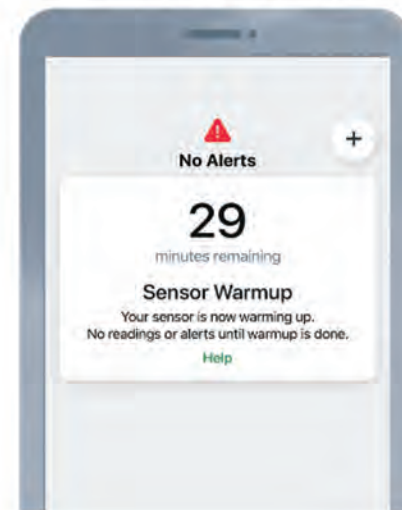
Press **Pair**



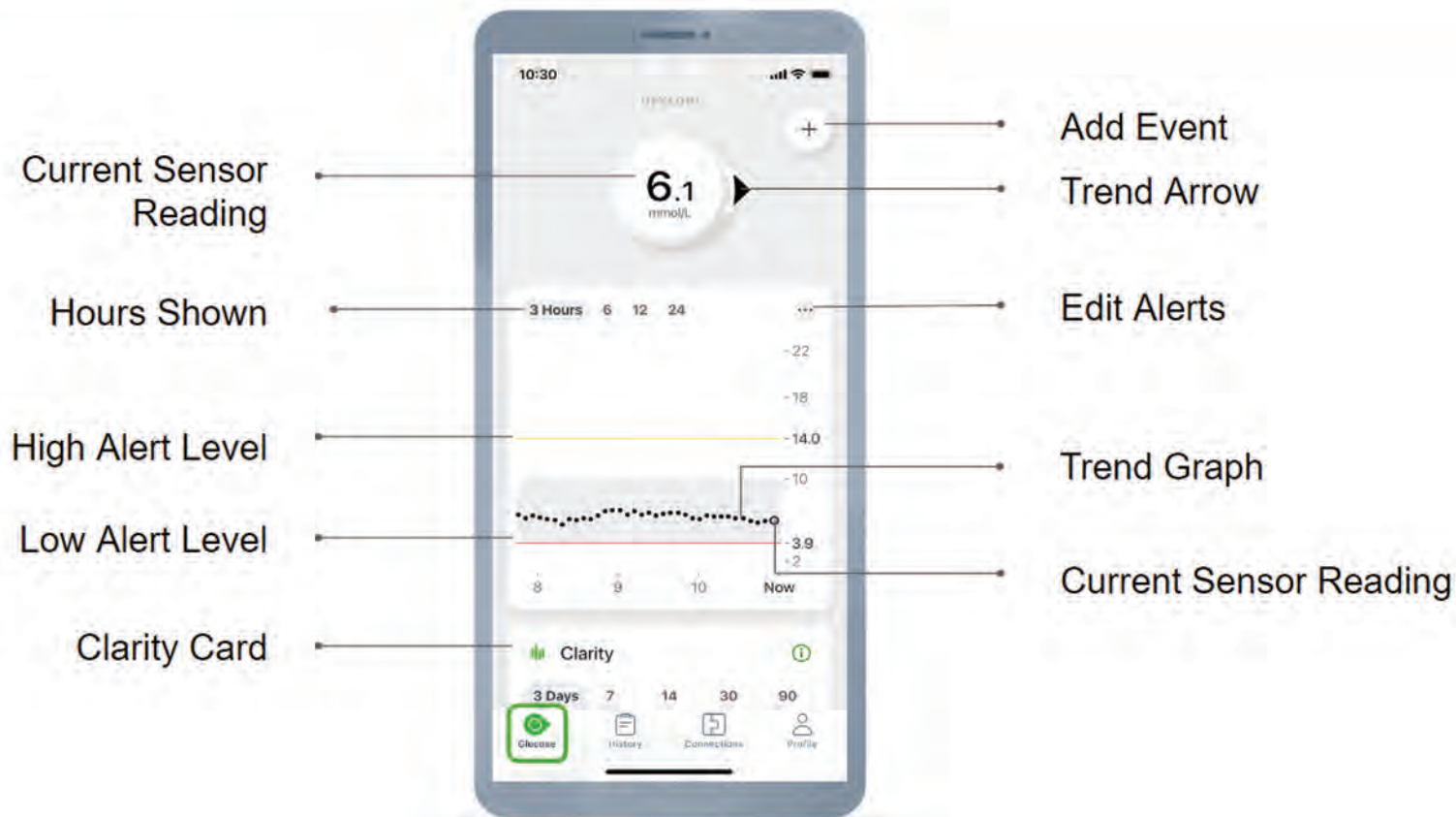
Press **Finish**



The sensor warmup will
take about 30 mins.



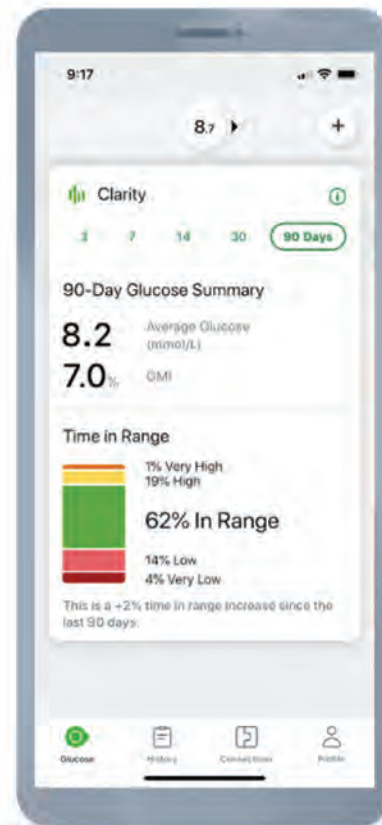
Home Screen



Clarity Card

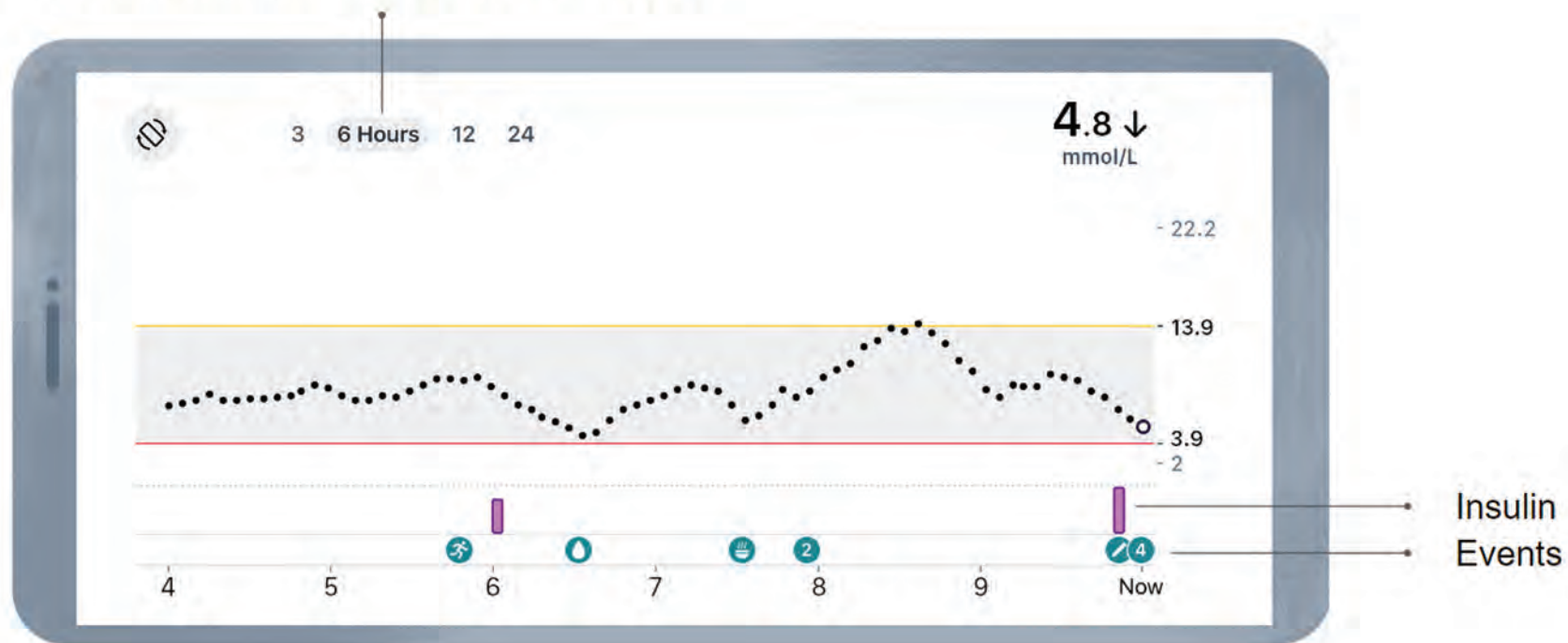
Scroll down in the Glucose tab to see the Clarity glucose summary reports. The 3, 7, 14, 30, and 90-day reports show glucose changes over time using the information recorded in the app.

The Clarity Card will not be populated until there is at least 3 days of data. The GMI portion requires 12 days of readings to appear.



Home Screen Landscape

Click to view 3, 6, 12 or 24 hour trend graph



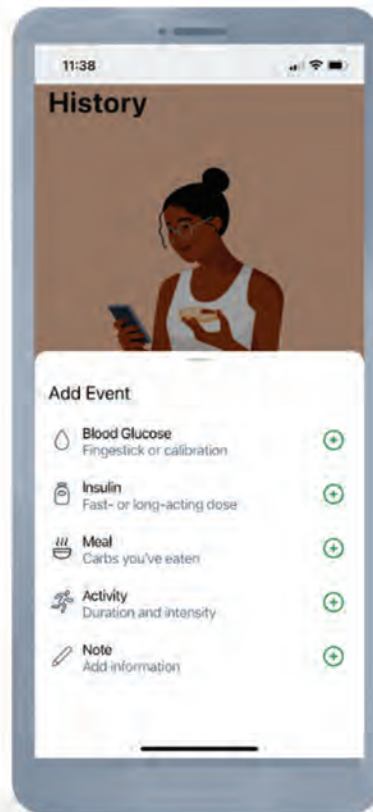
History

In **Home Screen & History**, press the  you can enter:

- A fingerstick or calibration
- Insulin (fast- or long-acting dose)
- Meals
- Activity
- Notes

In **History** you can:

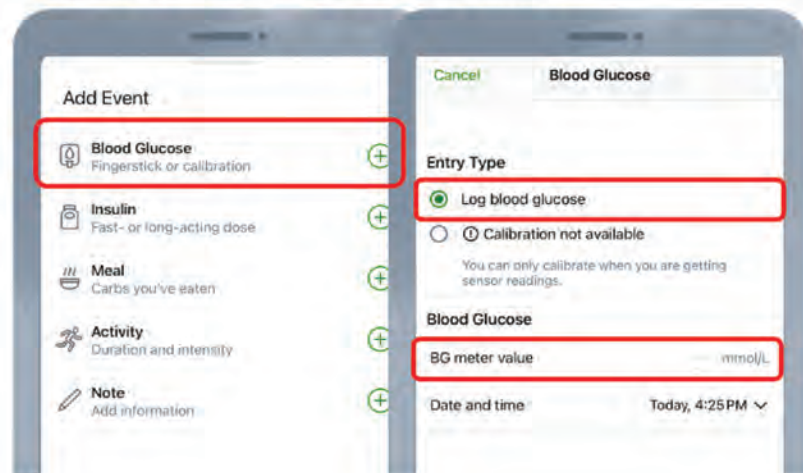
- Edit previously entered events



Connections

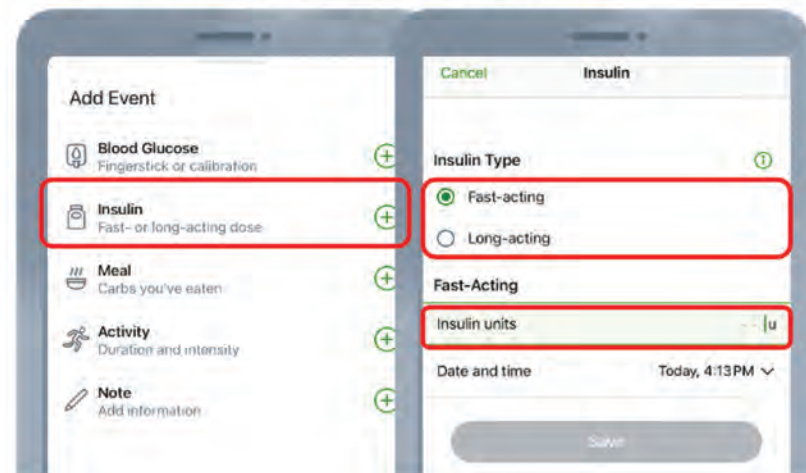
Log Blood Glucose

1. Tap **Blood Glucose**
2. Tap **Log blood glucose**
3. Enter your BG meter reading
4. Tap **Save**
5. Confirm your input, tap **Confirm**



Insulin

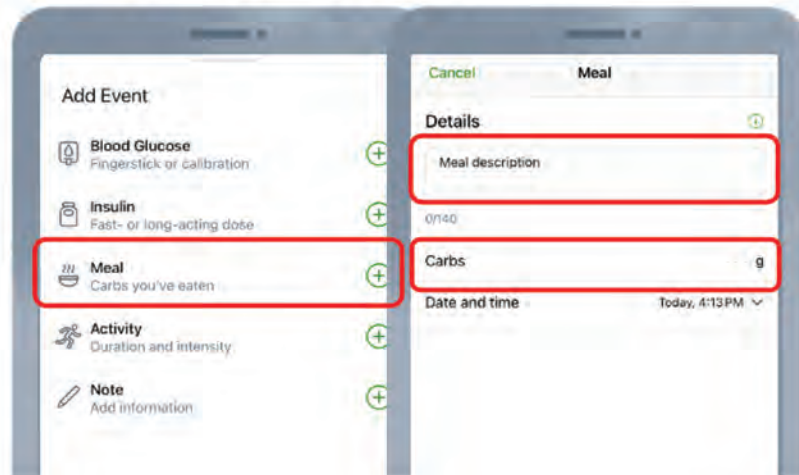
1. Tap **Insulin**
2. Tap your insulin type (**Fast / Long Acting**)
3. Enter your insulin units
4. Tap **Save**
5. Confirm your input, tap **Confirm**



Add event

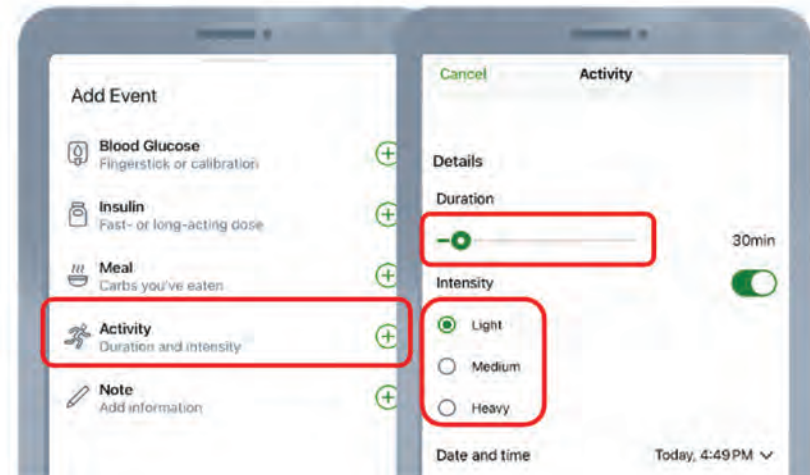
Meal

1. Tap **Meal**
2. Enter your meal
3. Enter the Carbs (Optional)
4. Tap **Save**
5. Confirm your input, tap **Confirm**



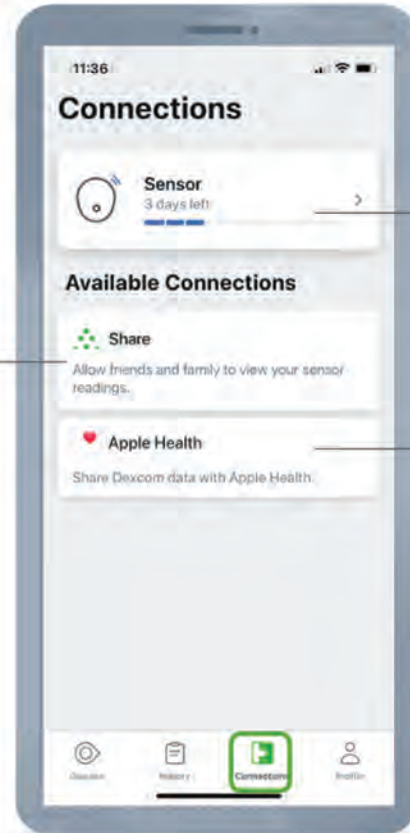
Activity

1. Tap **Activity**
2. Select your activity duration
3. Select the activity intensity
4. Tap **Save**
5. Confirm your input, tap **Confirm**



Home Screen

Setup Dexcom Share to share glucose information with friends and family



Sensor information

- Replace sensor
- Stop sensor session
- See pairing code

Send glucose data to Apple Health
(3 hours time delay)

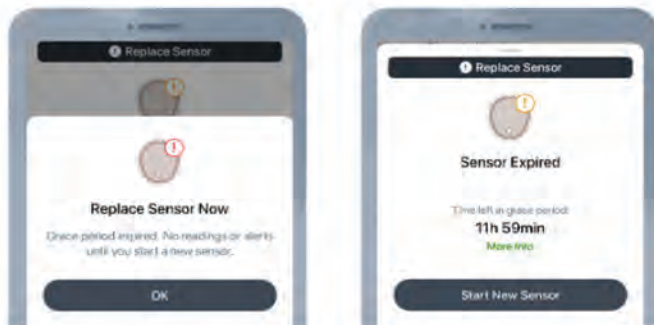
Changing a new sensor

Changing a new sensor

- Each sensor session lasts up to 10 days with a 12-hour grace period at the end.
- You must end the sensor session or grace period before you start a new sensor. You can end it two ways:

Automatically:

when the grace period ends
(you'll get an alert letting you know)



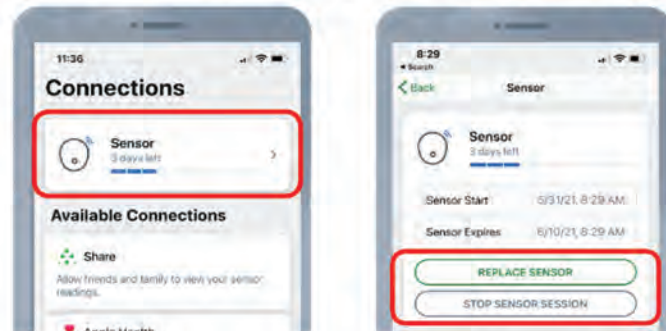
Manually:

REPLACE SENSOR

: To start a new sensor immediately

STOP SENSOR SESSION

: To stop this sensor without starting a new one



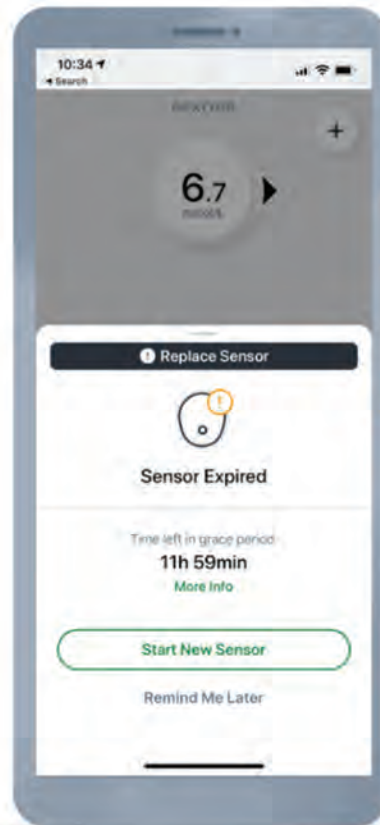
End Sensor Session & Removing Sensor

An extra 12-hour period after the sensor session that gives you more time to replace your sensor.

During the grace period, the sensor continues to work as it did during the sensor session. You will get notifications letting you know when the sensor session or grace period will end soon. You can choose to wear the sensor until the grace period ends or end the session early.

All the notifications are silent until the grace period is 30 minutes from expiring.

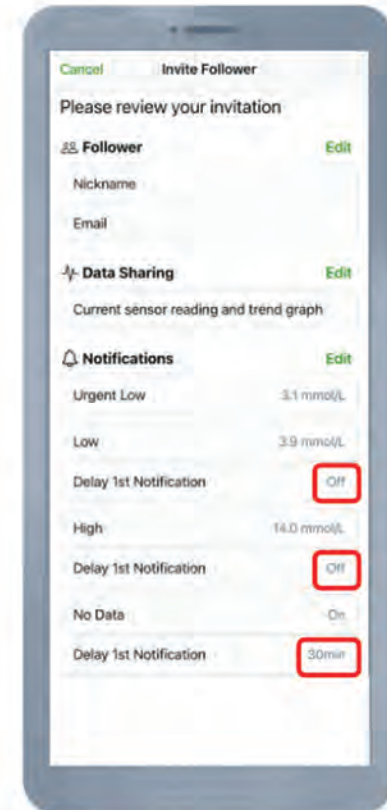
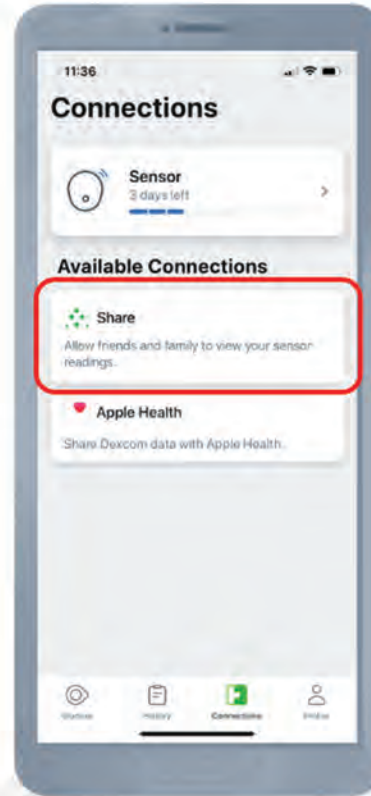
After your sensor session ends, peel off the patch like a bandage.



Patients share real-time data with the follower

Patient:

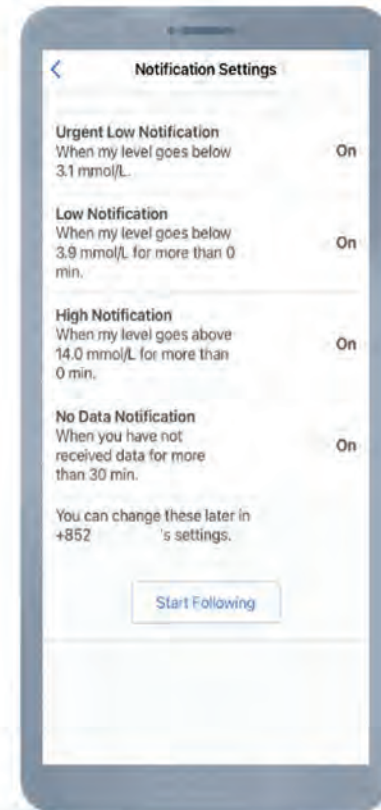
1. Select "Connections" and "Share"
2. Follow the instructions, read the reminders
3. Enter a nickname for your follower
4. Enter the followers email address
5. Choose the followers setting, including allowed trend graph view and notification.
6. Review the setting and send an invitation, the invitation will be sent by email



Patients share real-time data with the follower

Followers:

1. Download the Dexcom Follow app
2. Follow the instructions, read the reminders
3. Open the invitation email with the follower's mobile phone
4. Choose "Accept invitation" [Accept invitation](#)
5. It will automatically jump to the Dexcom Follow app.
6. Accept the terms and policy [Accept](#)
7. Review the patient's notification setting and start following



Profile

App Settings:

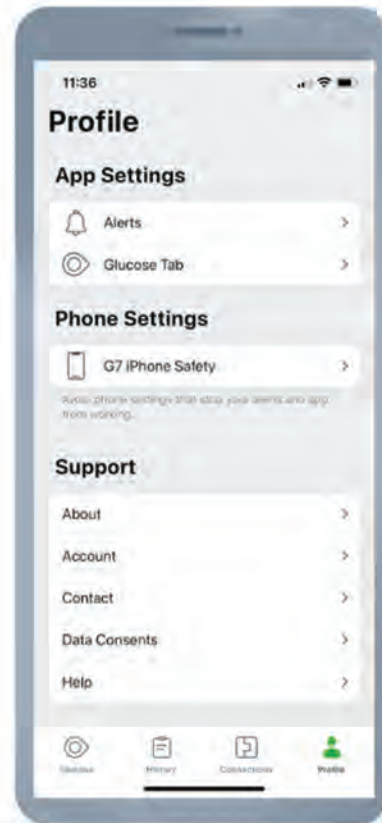
- Customize alerts with different settings and sounds
- Customize the Glucose tab by changing the trend graph height

Phone Settings:

- Avoid phone settings that stop alerts and app from working

Support:

- Review software and account information
- Review and revise data consents
- Get help



Quiet Modes

Quiet Modes

Quickly change your alerts to be more discreet.

These override your phone sound setting. You still see alerts on your phone's lock screen and in the app.

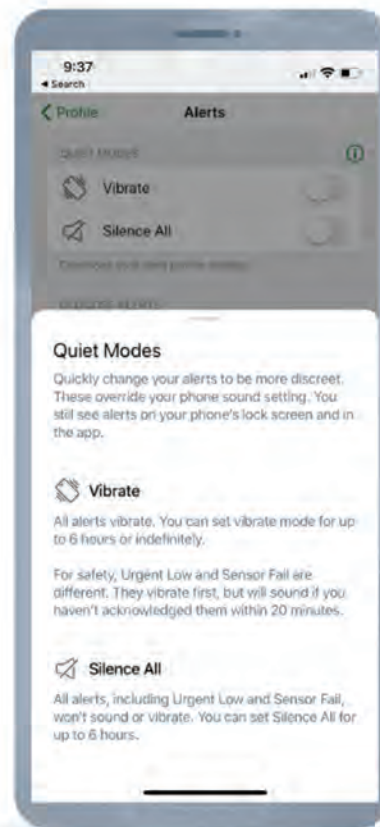
Vibrate

All alerts vibrate. You can set vibrate mode for up to 6 hours or indefinitely.

For safety, Urgent Low and Sensor Fail are different. They vibrate first, but will sound if you haven't acknowledged them.

Silence All

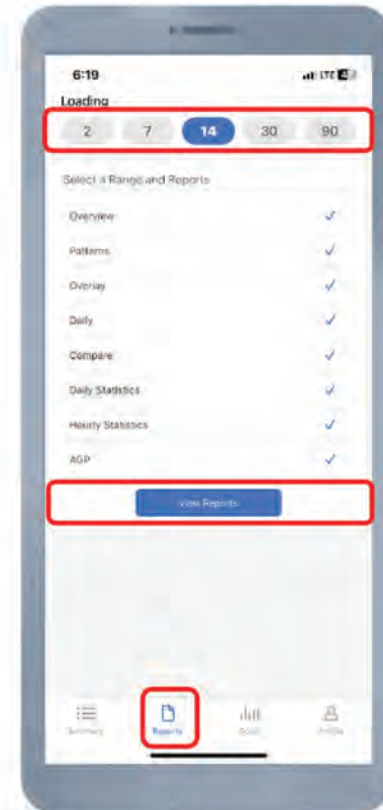
All alerts, including Urgent Low and Sensor Fail, won't sound or vibrate. You can set Silence All for up to 6 hours.



Download Dexcom Report

Method 1

1. Download Dexcom Clarity App
2. Log in your Dexcom account
3. Click **"Reports"**
4. Choose the report date - **2 / 7 / 14 / 30 / 90** days
5. Select all report formats, then click "View Reports"

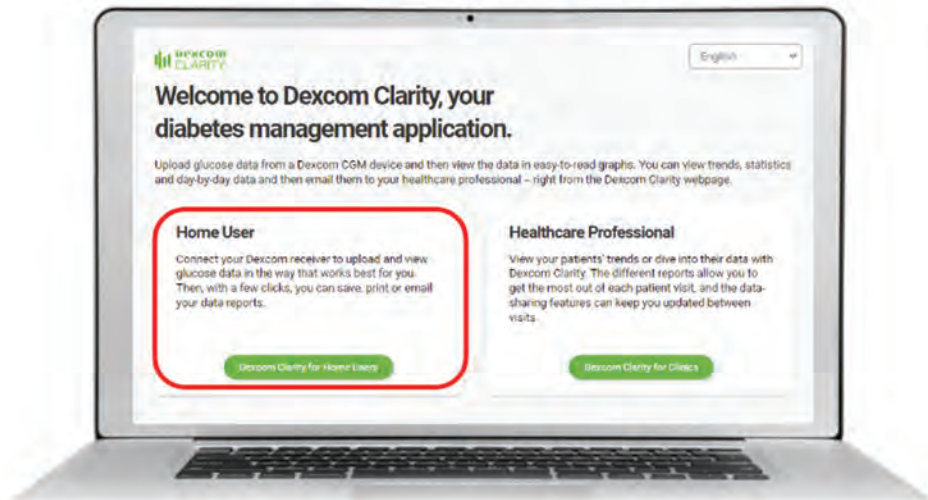


Download Dexcom Report

Method 2:

Access Dexcom Clarity (<https://clarity.dexcom.eu/>) on the internet.

Select Dexcom Clarity for Home Users



Login your Dexcom account

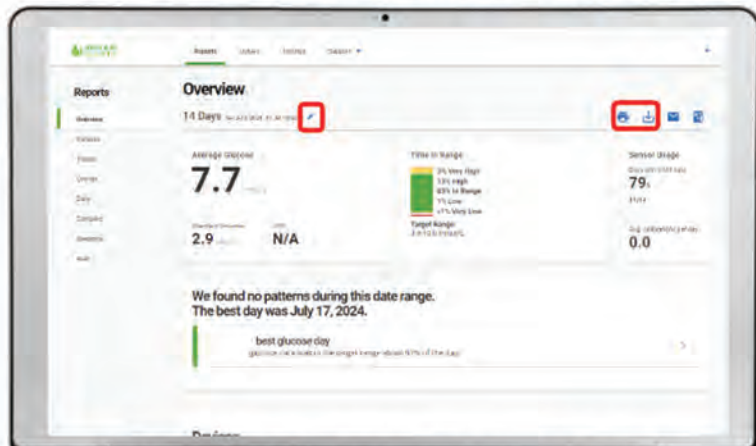


Download Dexcom Report

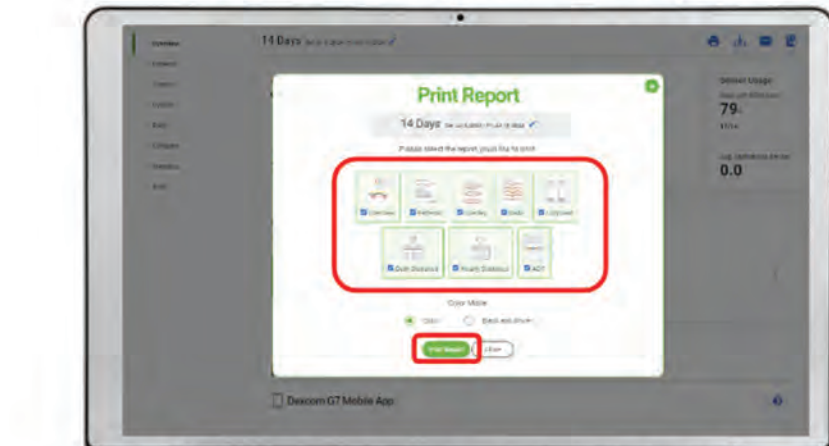
Method 2:

Access Dexcom Clarity (<https://clarity.dexcom.eu/>) on the internet.

Choose the report date,
then click the **Print** or **Download** the report icons



Select all report formats,
then click **Print Report** or **Save Report**



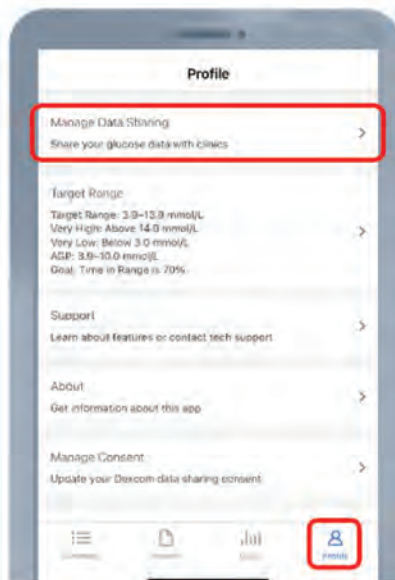
Share data with the clinic

Method 1:

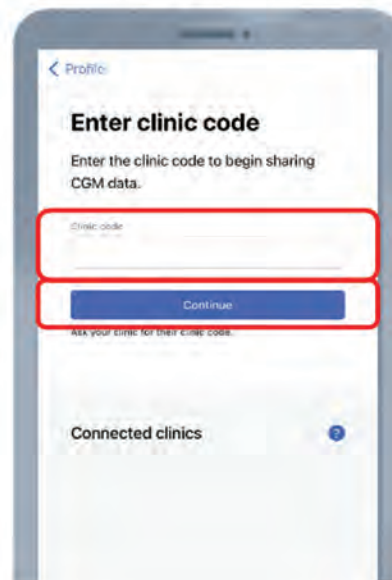
Login to the
Dexcom CLARITY app.



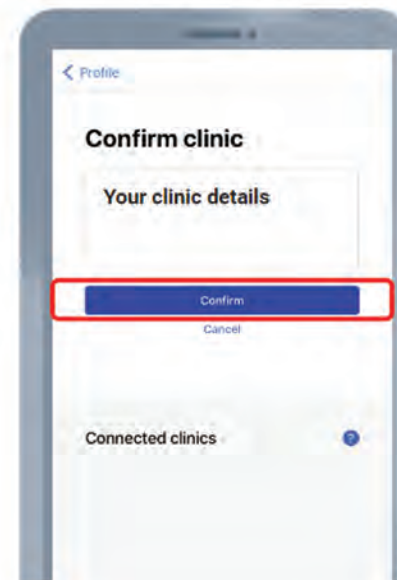
Tap **Profile**.
Tap **Manage Data Sharing**.



Enter the **Clinic Code**
provided by your clinic.
Tap **Continue**.



Check and confirm the
clinic information.
Tap **Confirm**.

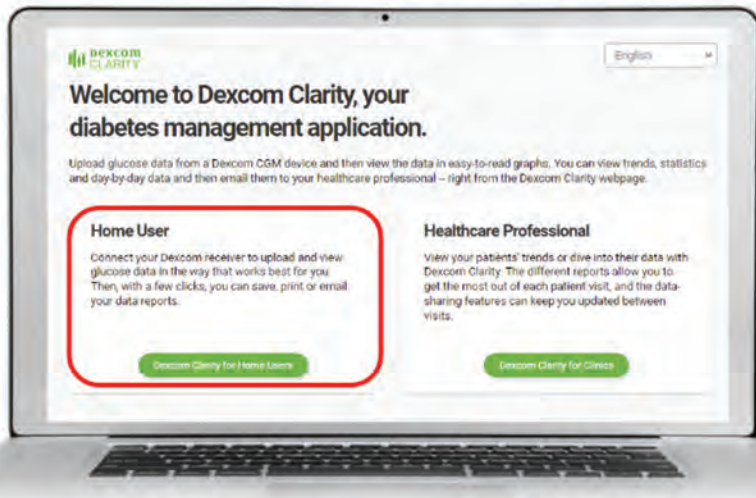


Share data with the clinic

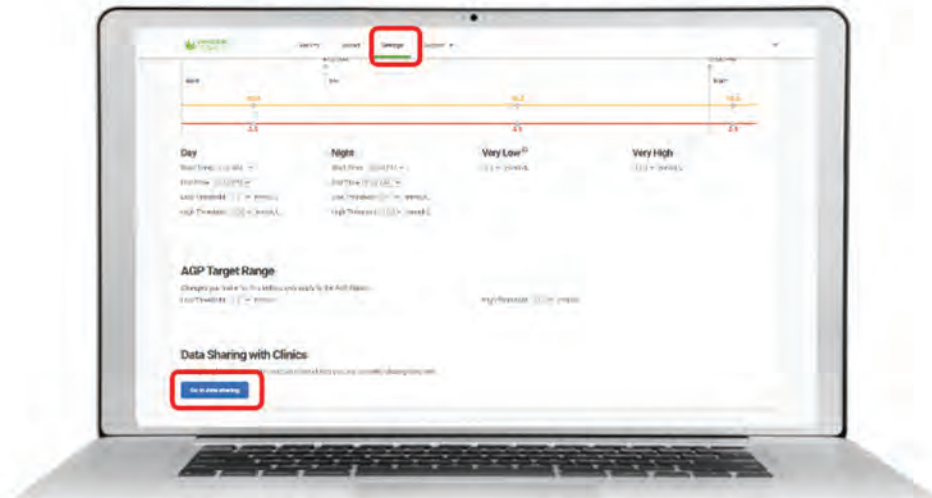
Method 2:

Access Dexcom Clarity (<https://clarity.dexcom.eu/>) on the internet.

Select Dexcom Clarity for Home Users



Go to **Settings**. Scroll down to the section **Data Sharing with Clinics**

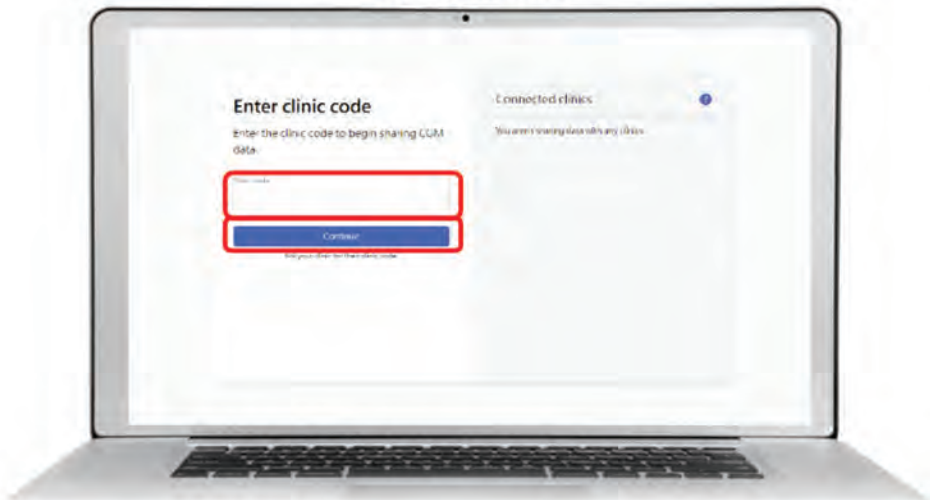


Share data with the clinic

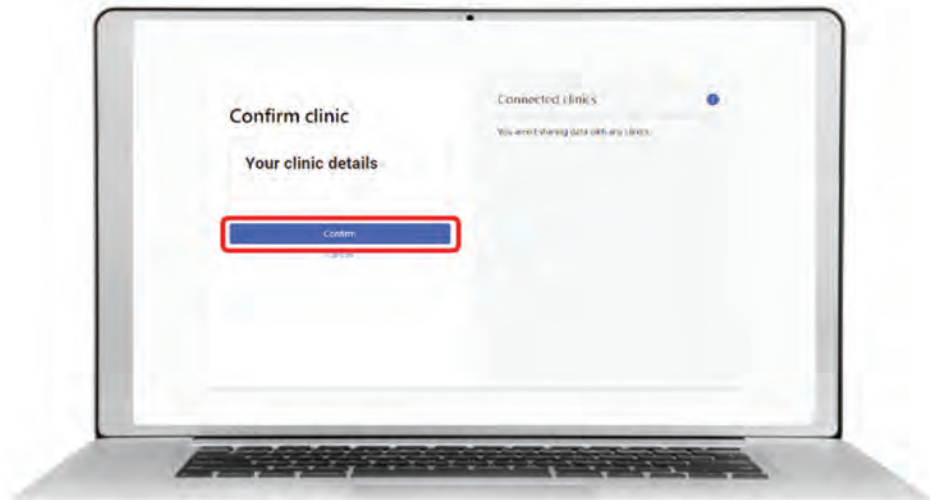
Method 2:

Access Dexcom Clarity (<https://clarity.dexcom.eu/>) on the internet.

Enter the **Clinic Code** provided by your clinic.
Tap **Continue**.



Check and confirm the clinic information.
Tap **Confirm**.



General Precaution



If you are taking hydroxyurea, your sensor readings may be falsely elevated and result in missed hypoglycemia alerts or errors in diabetes management decisions. The level of inaccuracy depends on the amount of hydroxyurea in your body. Use your meter if you have taken hydroxyurea.

If insertion site and hands aren't clean and dry, you can run the risk of infection and the sensor not sticking well. You should clean the insertion site with alcohol wipes to prevent infections. Before insertion and during sensor session, you should not apply insect repellent, sunscreen, perfume, or lotion on insertion site or sensor. This may cause the sensor to not stick well or could damage the G7.

The longer you keep the patch dry and sweat-free in the first 12 hours, the longer it may stick to your skin. When it gets wet, gently pat it dry as soon as you can. If it peels off your skin, trim the peeled parts and put on a new overpatch or medical tape. Some people may be sensitive to the sensor adhesive. If you have significant skin irritation (itching, burning, and/or rashes at the site of the adhesive patch), contact your healthcare provider.



For more information, please refer to <https://www.dexcom.com/en-us/faqs/sensitive-skin>

Travel precautions

Security checkpoint

You can wear your G7 sensor when going through walk-through metal detectors and Advanced Imaging Technology (AIT) body scanners. Or you can ask for hand-wanding or a full-body pat-down and visual inspection. Ask for visual inspection of any part of the G7 in the baggage scanning machine.

Dexcom G7 Taking your Dexcom G7 when travelling

Please be reminded not to uninstall and reinstall the app outside of your home country. The app has location checks built in that ensure you can only use features approved in your country. Once you've installed the app initially and started your first sensor, you're good to go!

The location is only checked during the first installation, not during regular use. However, if you reinstall the app while in a different country, you won't be able to use it until you return home. We recommend carrying backup supplies such as a **blood glucose meter (BGM)** or a receiver, just in case the G7 app stops working.

On the plane

To use your app or receiver to get sensor glucose information while on the plane:

Switch phone to **airplane mode**, then turn Bluetooth on.

Contact your airline for their policies. Always follow instructions from the airplane crew while on the plane.

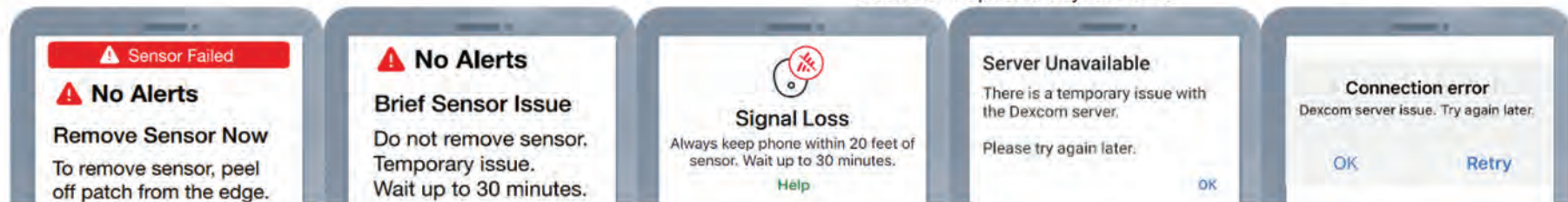


Common issues

Brief Sensor Issue / Sensor Failed / Signal loss / Inaccurate values

Beware of the possible causes and following are the advices from Dexcom:

- Do not swipe app closures
- Avoid compression load
- Drink more water to maintain high hydration levels and prevent lack of interstitial fluid
- Change the sensor if bleeding after insertion
- Use overlay patches or approved third-party adhesives to hold the sensor in place during the session
- Maintain good signal reception
- Region (included Keyboards) is set to Hong Kong (settings > general > language and region)
- Turn on 'Automatic Date & Time' and 'Automatic Time Zone' option
- Relax the skin to facilitate insertion, ensure that the insertion site has enough fatty tissue and avoid bony or muscle areas
- Do not turn on low Power Mode
- Avoid excessive movements affecting the insertion site
- Keep the sensor on the opposite side of any insulin delivery sites
- No VPNs are enabled
- Remove conflicting apps. E.g Dexcom G6 app or third-party apps such as x-drip
- Devices have a secure internet connection
- App store location is set for Hong Kong and correct app for region is installed
- Avoid excessive water exposure or diving at depths below the guidelines outlined (2.4 m)
- High Glucose or rapid glucose changes/ fluctuations beyond the sensor limits can confuse the system and lead to sensor issues such as sensor error, advice is speak to your HCPs advisor to discuss treatment options/adjustments



Calibration Suggestions (for reference only)

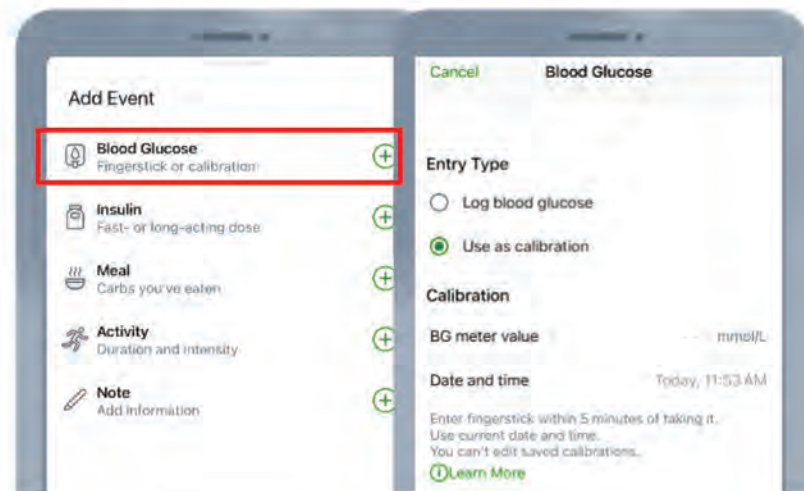
- Avoid calibration during the first 24 hours of a session as the accuracy will likely improve on its own
- Calibrate when your blood glucose is stable and between the range of 2.2mmol/L and 22.2mmol/L
- Calibration works best when your glucose is stable.
- Avoid calibrating if any error message is displayed (e.g. brief sensor issue)
- Wait at least 15-20 minutes before entering a second calibration
- If the G7 readings are outside the 20/20 guidelines 3 times in a 24-hour period, despite extra calibration attempts we would recommend replacing the sensor

20/20 guidelines:

- G7 and BMG values should be within $\pm 20\%$ of the BG meter value for BG meter values ≥ 3.9 mmol/L
- G7 and BMG values should be within ± 1 mmol/L of the BG meter value for BG meter values < 3.9 mmol/dL

Calibration Steps:

1. Tap **+** in the Glucose or History tabs
2. Tap **Blood Glucose**
3. Tap **Use as Calibration**
4. Enter the BG meter value within 5 minutes
5. Tap **Save**
6. Confirm your input, tap **Confirm**



Keep these information in case you need sensor replacement

- Product Original Packing
- Dexcom Username
- Transmitter SN
- **Sensor LOT**
- Insertion Date
- Date of event

If the problem is inaccurate CGM value, please record:

- Dexcom G7 app glucose level (mmol/L)
- Blood glucose meter number (mmol/L)

Contact us for troubleshooting:

Customer Service Hotline: +852 9831 0535 (Whatsapp)



Scan to find out more

Dexcom User Guide



<https://www.dexcom.com/en-HK/downloadsandguides/search>

Adhesive Patch Care



<https://www.dexcom.com/en-us/faq/sensitive-skin>

Compatible Phone List



<https://www.dexcom.com/en-HK/compatibility>

How to create a Dexcom account and start first sensor



https://youtu.be/rHruHNzI4_4?si=f24mHA_U4H2wOrqk

Celki Website



<https://www.celki.com/zh-hant/patients/diabetes>

Celki E-shop



<https://mycelkishop.com/hk/tw/t4-diabetes>

Contact Us



<https://www.celki.com/zh-hant/contact-us>

How to use Dexcom G7 app



https://youtu.be/y8dMXx6UETw?si=OB1x9OotNLI9_LNF

Retail shops & more information

Hong Kong

Causeway Bay Branch

Shop 2102, 21/F, Causeway Bay Plaza Phase 1,
489 Hennessy Road

Phone: 2332 3366

Whatsapp: 9482 2116

Mon to Sat : 10:30 - 14:00; 15:00 - 19:00

Sun & Public holidays : 10:30 - 14:00; 15:00 - 18:00

Central Branch

Room 1005, 10/F, Melbourne Plaza, 33
Queen's Road Central

Phone: 2332 3366

Whatsapp: 9482 0006

Mon to Fri : 10:30 - 14:00; 15:00 - 19:00

Sat, Sun & Public holidays : Closed

Kowloon

Mongkok Branch

Room 1920, 19/F, Argyle Centre (Phase 1), 688
Nathan Road

Phone: 2332 3366

Whatsapp: 9380 1513

Mon to Sat : 10:30 - 14:00; 15:00 - 19:00

Sun & Public holidays: 10:30 - 14:00; 15:00 - 18:00

New territories

Shatin Branch

Shop 46A, 3/F, Hilton Plaza, 3-9 Shatin Centre
Street

Phone : 2332 3366

Whatsapp: 9438 1986

Mon to Sat : 10:30 - 14:00; 15:00 - 19:00

Sun & Public holidays: 10:30 - 14:00; 15:00 - 18:00

Macau

Macau Branch

Macua, Avenida da Praia Grande No. 371, Edif,
Keng Ou 5/B

Phone: (853) 2836 6039

Whatsapp: (853) 6666 3213

Mon to Fri : 10:30 - 14:00; 15:00 - 19:00

Sat : 10:30 - 14:00; 15:00 - 16:30

Sun & Public holidays : Closed



尚健維佳
Celki VitalAire
友國聯康服務